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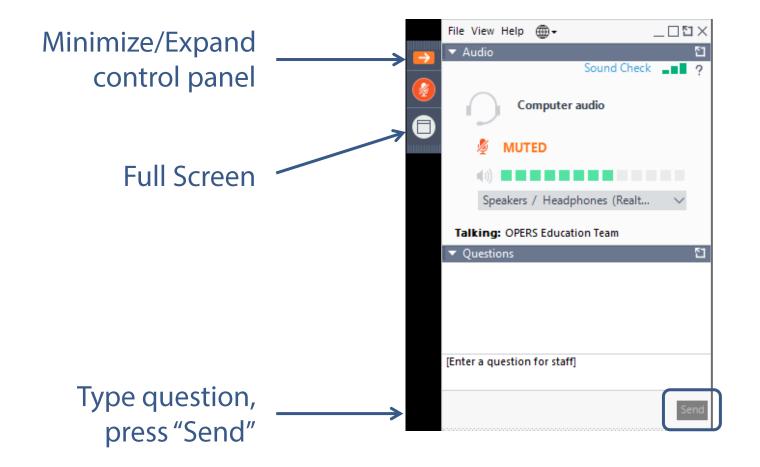


# Pre-Medicare Retirees Aging Into Medicare

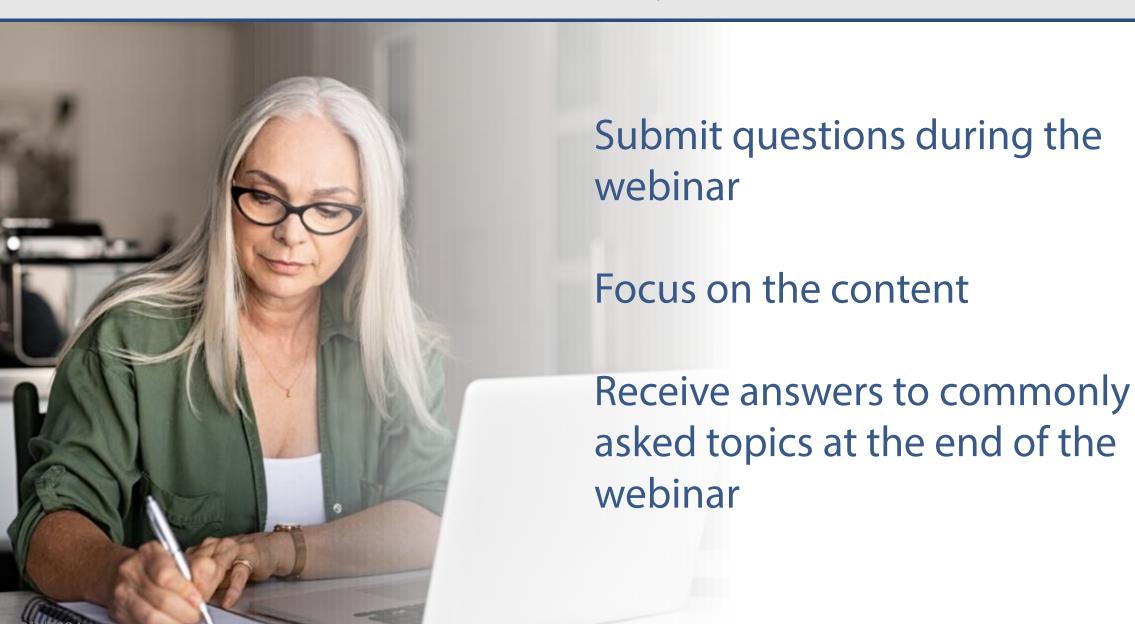
Welcome to the webinar!

#### **GoToWebinar**

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#### **Webinar Questions**



#### **Health Care Disclaimer**

This presentation reflects current information.

There is no promise, guarantee, contract or vested right to access to health care coverage or a premium allowance.

The OPERS Board of Trustees has the discretion to review, rescind, modify or change the health care plan at any time.

Although health care is not a statutory requirement, OPERS understands that meaningful health care is part of a secure retirement.

# Who Should be Attending This Presentation?

# Retirees who are within 15 months of turning age 65



Retirees farther away from turning age 65 run the risk of changes happening from what is being discussed today before you transition

But you're welcome to stay..!

### We're Going to Review the Questions:

- What's the difference between Medicare Supplement Plans and Medicare Advantage Plans?
- 2 How do I prepare for the enrollment process?
- 3 When should I enroll in Medicare?
- 4 When should I enroll in an individual Medicare plan?

# You Will Leave Here Today Understanding:



**Common Health Care Terms** 

**Medicare and Individual Plan Options** 

Health Reimbursement Arrangement (HRA) Model

**Preparing for Your Enrollment** 

**After Enrollment** 

**FAQs and Resources** 

#### **Common Health Care Terms**

**Premium** The cost **you** pay for your health plan The amount **you** pay for covered **Deductible** services before your plan begins to pay The shared cost for a covered service Coinsurance (e.g., plan pays 70% - **you** pay 30%) A fixed amount **you** pay for covered Copays services at the time they're received **Out-of-Pocket** The most you will pay for services in a Limit plan year

As you did with your current health care plan, you will need to get familiar with the basic terms of your individual Medicare plan.

How are they applied?

How much will you pay for each one?

#### **Common Health Care Terms**

### What is a prescription formulary?

A formulary is the list of drugs covered by a carrier's insurance plan:

- Many plans have a formulary, where drugs are divided into groups called "tiers"
- In general, the lower the tier, the lower the cost to you
- Make sure you understand what tier your prescriptions fall under and how much you'll pay for them

#### **Formulary Tiers**

Preferred Generic Drugs

Tier 1 \$

Non-Preferred Generic Drugs

**Tier 2** \$\$

Preferred Brand Drugs

Tier 3 \$\$\$

Non-Preferred Brand Drugs

Tier 4 \$\$\$\$

**Specialty Drugs** 

Tier 5 \$\$\$\$\$

# Paying \$35 for a physician office visit and \$8 for a generic medication are examples of:

- A. Deductibles
- B. Coinsurance
- C. Copays

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#### What is Medicare?

#### Medicare is federal health insurance for individuals:

- Age 65 and over
- Under 65 with certain disabilities
- Any age with end-stage renal disease or ALS

#### What are the Parts of Medicare?



#### **Medicare Part A**

Hospital Insurance



#### **Medicare Part B**

Medical Insurance

Medicare Part A and Medicare Part B are referred to as

Original Medicare



#### **Medicare Part D**

Drug coverage

# Medicare Part A – Hospital Insurance



#### Coverage includes

Inpatient care in hospitals, some skilled nursing facility care and some home health and hospice care.

Long-term nursing home stays or non-medical, in-home care are not covered.

#### **Eligibility and Premium**

You qualify for **premium-free** coverage with 40 quarters of Medicare Social Security credit – you may qualify through a spouse's work record

# **Medicare Part B – Medical Insurance**



**Coverage** includes

Doctor's services (physicians and specialists), outpatient care, some lab work, X-rays, therapy and durable medical equipment

**Eligibility and Premium** 

All Americans are eligible for Medicare Part B at age 65, regardless of whether they paid into Social Security. The standard monthly premium based on income for 2024 is \$174.70.

Cost is determined by Social Security and may be higher depending on your income. High income earners should visit **medicare.gov** to see their premiums.

# **Medicare Part D – Drug Coverage**



**Coverage** includes

Generic, brand name and specialty drugs at participating retail pharmacies and home delivery.

Available
One of Two
ways

Purchase from a private company as a separate Medicare Part D policy adding drug coverage to Original Medicare and a Medigap Plan

Purchase from a private company combined with hospital and medical coverage in a Medicare Advantage Plan

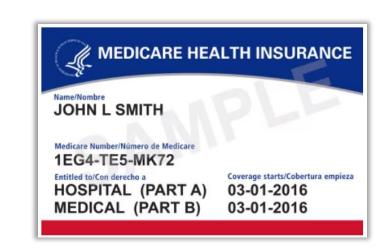
#### When Do I Enroll in Medicare?

#### **Initial Enrollment Period**

 Apply for Medicare Part A and B three months before you turn age 65.

#### **Special Enrollment Period**

 If you plan to work beyond age 65, apply for Medicare Part A and B three months before your planned retirement date.



# **Medicare Part B Penalty**

If you don't sign up for Part B when you're first eligible, you may have to pay a late enrollment penalty for as long as you have Part B.

Your monthly Part B premium may go up 10% for each full 12-month period that you could've had Part B but didn't sign up.

Medicare penalties do not apply if you're still employed and have coverage through your employer.

# **Medicare Part D Penalty**

You will pay a Late Enrollment Penalty for any period of 63 or more days in a row you don't have Medicare drug coverage or other creditable drug coverage.

You'll generally have to pay the penalty for as long as you have Medicare drug coverage.

The penalty is calculated by multiplying 1% of the national base beneficiary premium by the number of months you were without coverage.

Medicare penalties do not apply if you're still employed and have coverage through your employer.

# **Medicare Penalty With an HSA**

Contributions cannot be made to a Health Savings Account (HSA) once an individual is enrolled in any part of Medicare.

To avoid an IRS tax penalty on what are considered "excess contributions", make your last HSA contribution the month before your coverage begins.

This includes a six month look back period if you've delayed enrollment in Medicare Part A past age 65.

# If I'm working beyond age 65, will any of the Medicare enrollment penalties impact me?

A. Yes

B. No

Do I need to apply for Medicare Part A and B if I'm still working beyond age 65?

A. Yes

B. No

# **Selecting Additional Coverage**

#### **Original Medicare**

Refers to Medicare Part A (Hospital Insurance) and Part B (Medical Insurance).

#### Medigap

Extra insurance you can buy that fills in the "gaps" that Original Medicare does not cover.

#### **Medicare Advantage**

Plans that provide Medicare Part A, Part B, and usually Part D, and may offer some extra benefits beyond Original Medicare.

start with this

add one of these

# Medigap

Original Medicare

2 Supplement Plan

**PARTS A AND B** 

**Rx Coverage**PART D

3 Parts (3 Cards)

# **Medicare Advantage**

1 Hospital,
Medical,
and
Prescription
Coverage

All-Inclusive (1 Card)



# Medigap

- Higher monthly premiums
- Lower out-of-pocket cost
- Any state
- No network
- Medicare Part D separate
- Plans and benefits are identical regardless of carrier

# **Medicare Advantage**

- Lower monthly premiums
- Higher out-of-pocket cost
- Your state, by region
- Has network
- Medicare D usually included
- Plans and benefits vary by carrier



# Medigap

Guaranteed issue during your Initial Enrollment Period when enrolling in Original Medicare at age 65 or during a Special Enrollment Period if working beyond age 65. Medical underwriting does not apply.

Underwriting may apply if you select a Medigap Plan outside of the Initial Enrollment Period.

# **Medicare Advantage**

Guaranteed issue always for individuals with Original Medicare. Medical underwriting does not apply.

Will remain guaranteed issue whenever you can enroll in a new plan.

Think about your 80-year-old self. You may be in good health now, but what will your health be in 15 years? Guaranteed Issue Rights look after your future self.

# **Why Purchase Additional Coverage?**

#### **Original Medicare**

Refers to Medicare Part A (Hospital Insurance) and Part B (Medical Insurance).

#### Medigap

Extra insurance you can buy that fills in the "gaps" that Original Medicare does not cover.

#### **Medicare Advantage**

Plans that provide Medicare Part A, Part B, and usually Part D, and may offer some extra benefits beyond Original Medicare.

start with this

add one of these

### Help With Plan Selection and HRA Administration





Help with plan research and enrollment assistance



Help with mediating carrier issues



Provide ongoing support and annual plan evaluation



Manage the reimbursement of claims

#### **Work With a Licensed Benefit Advisor**

An unbiased licensed Benefit Advisor will partner with you to understand:

- Your medical and pharmacy needs
- Your lifestyle and budgetary considerations

And help you determine an individual plan that suits your needs



# Will my Original Medicare have the same effective date as my individual Medicare plan?

A. Yes

B. No

If Medigap plans have higher premiums and lower out-of-pocket costs, is the coverage more comprehensive than Advantage plans?

A. Yes

B. No

# What happens if I stop paying my Medicare Part B premium?

- A. I lose Medicare Part B coverage and I'm disenrolled from my individual Medicare plan
- B. I lose Medicare Part B coverage but still have my Individual Medicare plan
- C. Nothing

#### **Communications Prior to Enrollment**

12 months prior to your 65<sup>th</sup> birthday

Via Benefits will send you a number of mailings and emails outlining their services, the plan selection process and necessary action steps. They will also reach out to you by phone.







5 months prior to your 65<sup>th</sup> birthday

OPERS will send you a letter describing the Medicare enrollment process and the requirements for receiving a monthly HRA deposit as a Medicare-eligible OPERS benefit recipient.



#### **Communications Prior to Enrollment**

4 months prior to your 65th birthday

Via Benefits will call you to schedule your enrollment appointment.

They will also mail you an Enrollment Guide.





3 months prior to your 65th birthday

Social Security and Via
Benefits will send notifications
to prepare and remind you to
enroll in Medicare.











# **Today You Will Leave Here Understanding:**



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#### **Health Care Allowances From OPERS**

OPERS provides eligible retirees with a monthly allowance to be reimbursed for some of the qualified expenses associated with your health care plan.

#### Allowance Percentages are calculated using your:

- Age at the time of eligibility
- Years of qualified service credit

#### **How Allowances are Calculated**

Your OPERS **Base Allowance**, the dollar amount that is used to calculate your **monthly** HRA allowance, will be changing.

Base Allowance (Pre-Medicare)

\$1,200

X

Allowance Percentages range

51% to 90%

Allowance Amounts range

**\$612** to **\$1,080** 

**Current Allowance** 



Medicare Allowance



Base Allowance (Medicare)

\$350



X

Allowance Percentages range

51% to 90%

Allowance Amounts range

**\$178.50** to **\$315** 

#### The Goal of the HRA Allowance

- 37% of retirees
   receive a 70 79%
   allowance from
   OPERS
- These allowances average \$260 per month

EXAMPLE	
Average Allowance	\$260
Medigap Plan G	\$205
Part D Rx Plan	\$57
Health Care Premium Total	\$262
Allowance to Premium Ratio	99%

Based on retirees currently enrolled in Ohio-based plans

#### **Medicare Recipients Have a Closed HRA**

You must use Via Benefits to enroll in an individual Medicare medical plan to receive a deposit into a Health Reimbursement Arrangement (HRA)



Via Benefits assists members who contact them to select a plan



They specialize in connecting retirees to plans with an abundance of plan options



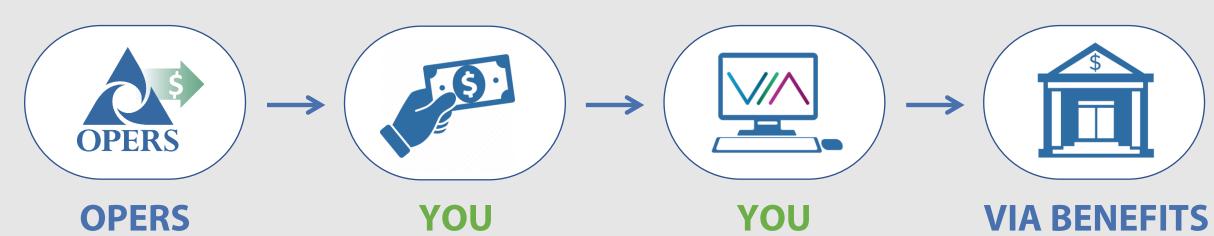
Most plans have the ability to report enrollment and payments to Via Benefits



Not all plans available to Medicare participants will be available through Via Benefits.

#### **The Reimbursement Process**

Via Benefits serves as the HRA administrator and will process your expense reimbursement requests.



deposits your allowance into

your HRA

must pay eligible medical expenses first submit a reimbursement claim

will reimburse you via direct deposit

#### **Knowledge Check**

## Why doesn't OPERS just deposit my allowance to my bank account?

- A. Because the HRA is a non-taxable account
- B. OPERS is more concerned with holding onto the funds for investment profit
- C. Because the reimbursement process is more convenient

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The Three Steps to Enrollment are covered in the

#### **Via Benefits Enrollment Guide**

## Step 1 PREPARE



Collect your information and think about your needs

## Step 2 REVIEW



Review the different types of individual medical plans

## Step 3 **ENROLL**

Shop and enroll in a plan

Step 1
PREPARE



Collect your information and think about your needs

Add this information to your Via Benefits profile at my. viabenefits.com/opers

Personal Information

helps identify you name, phone, address, SSN

**Medicare Information** 

helps confirm your eligibility

Medicare number, coverage dates

**Prescription Information** 

helps match a plan to your needs drug name, dosage, quantity

**Provider Information** 

helps find network providers doctors, hospitals, pharmacy

## Step 2 **REVIEW**



Review the different types of individual medical plans Review your plan options so you can make an informed selection

Begin by reviewing Medicare Part A and Part B

Then review Medigap and Advantage plans to better understand:

- How they work with Medicare Parts A and B
- How prescriptions are covered
- Their differences in premiums, networks and travel coverage

## Step 3 **ENROLL**



Shop and enroll in a plan

#### Enroll in coverage – online or by phone

You're not enrolling in a plan with Via Benefits, you're applying for a plan. The carrier will process your plan enrollment.

- 1. Create an online account *my.viabenefits.com/opers*
- 2. Sign into your online account Multi-factor verification: "text me" or "call me"
- 3. Update your profile Changes in doctors or medications
- 4. Start shopping

  Plans linked at website
- 5. Enroll

#### **Helpful Tips to Navigate Enrollment**

- Make sure your account profile is complete before your enrollment appointment
- Call Via Benefits at your scheduled time
- Your enrollment call will take about 90 minutes
- You can have another person join the call to help you



You will speak with multiple Via Benefits associates during your enrollment call

48

#### **Enrolling in a Plan and Managing Your HRA**

#### There are three levels of authorization you can grant

## Power of Attorney (POA)

Establishes someone to act on your behalf and make decisions about your enrollment

Full Authorization to Release Personal Information

Establishes someone to act on your behalf

## Limited Authorization to Release Personal Information

Establishes someone to receive information only

Establish a family member or loved one as an authorized representative by calling Via Benefits

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#### **Communications After Enrollment**

Seven to 10 days after submitting your enrollment application

Via Benefits will mail a
Selection Confirmation Letter
which confirms what was
discussed on your call.

Your **insurance carrier** will mail a Plan Acceptance
Letter when your application is processed.

Two to three weeks prior to plan coverage effective date

Via Benefits will mail the Getting Reimbursed Guide if this is the first time you will be receiving an OPERS HRA deposit.



#### **Communications After Enrollment**

## Prior to receiving your ID cards

Your **insurance carrier** may send you mailings and emails and may call if they need you to provide additional information to process your enrollment.







## 4 – 8 weeks after you are enrolled

Your **insurance carrier** will mail your ID cards.

If you need to see a doctor before your cards arrive, find out what the doctor will accept as proof of coverage.



#### **Communications After Enrollment**

## The Via Benefits Advocate newsletter

- Contains helpful information on Medicare-related topics.
- It is sent twice per year.



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**FAQs and Resources** 

Q.

What happens if I have a balance in my Pre-Medicare HRA?

A.

Your balance will rollover from your Pre-Medicare HRA to your Medicare HRA. There's nothing you need to do.

Q.

Do you offer plans that cover me in multiple states?

A.

All Medicare-participating providers in the United States accept Medigap policies.

While Medicare Advantage plans cover urgent and emergency services nationwide, non-emergency services are typically restricted to a plan network.

#### **FAQ#3**

Q.

#### If I don't like the plan I enrolled in, when can I change?

A.

Every year, the Open Enrollment period (Oct. 15 – Dec. 7) allows you to change your Medicare Advantage or Medicare Part D Prescription Drug plan.

Medigap policies don't have an Open Enrollment period. You are free to apply for a different policy at any time.

However, after your Guarantee Issue Period, you may have to go through medical underwriting.

Q.

Can my spouse use Via Benefits to research and enroll in a plan?

A.

Yes. Via Benefits helps many people determine an individual plan that best suits their needs.

Q.

If I need assistance, can someone else speak with a Via Benefits licensed benefit advisor on my behalf?

A.

Yes, but Via Benefits must have your verbal permission or, if you can't provide your verbal permission, someone with your Power of Attorney can complete the enrollment on your behalf.

Q.

Do I need to cancel my current Pre-Medicare plan?

A.

Yes. Your Pre-Medicare plan will not terminate unless you contact the insurance carrier and make the request.

Q.

What's the difference between the OPERS HRA and an HSA?

A.

The **OPERS HRA** is an account funded by OPERS that provides tax-free reimbursement for qualified health care expenses.

A **Health Savings Account (HSA)** is an individually owned or employer owned account that helps individuals pay for eligible health care expenses associated with a High-Deductible Health Plan (HDHP). Once enrolled in Medicare, contributions can no longer be made.

Q.

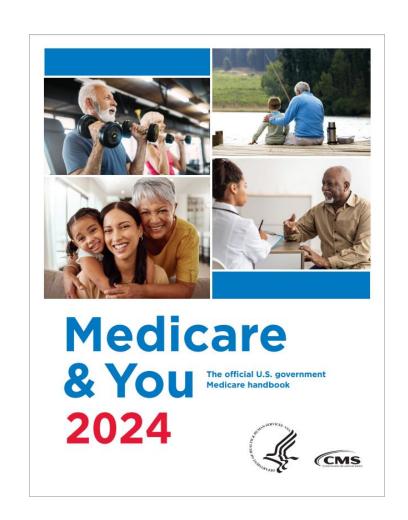
I have the OPERS HRA and an HSA. Can both accounts be used for reimbursement of similar qualified expenses?

A.

Yes, but as is always the case when it comes to tax-advantaged accounts, there's no double-dipping allowed. You cannot pull tax-free money out of an HSA and also seek a tax-free HRA reimbursement for the same medical expense.

#### **Medicare: Important Mailings & Website**

- Look for important communications from Social Security about Medicare
- Visit medicare.gov for more information about the parts of Medicare, premiums, and what Medicare covers
- Download Medicare & You, a comprehensive guide to understanding Medicare



#### **OPERS Website**

- Visit opers.org and navigate to Retired Members/Health Care
- This page provides HRA information, program eligibility, how to find a plan when retiring and where to find help
- You'll also find FAQs and links to other resources

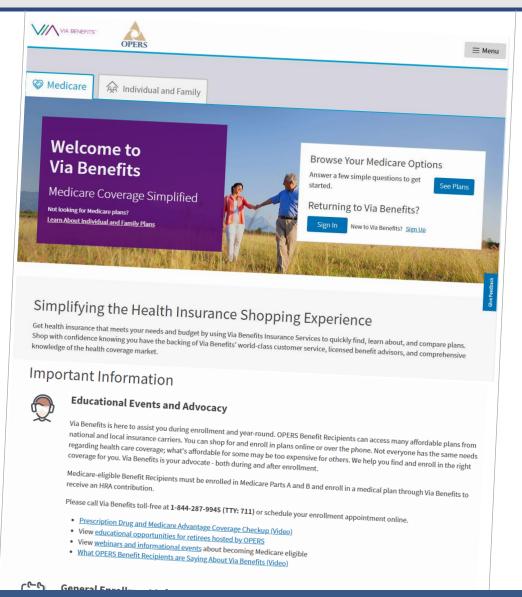


2/1/2024

opers.org

#### **Via Benefits Website**

- Visit my.viabenefits.com/opers
- You can begin browsing Medicare plans directly from the website
- You'll find information about other educational events, "how to" videos, expense reimbursement and enrollment

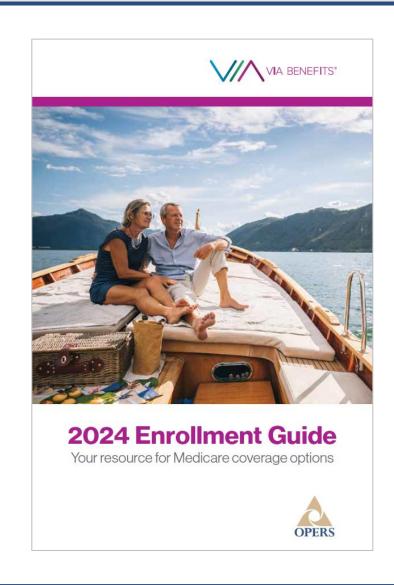


my.viabenefits.com/opers

#### **Via Benefits Website**

One of the best resources to review as you approach retirement is the **Enrollment** Guide, it covers:

- Getting ready to enroll in coverage
- Understanding your new coverage options
- Three steps to enrollment PREPARE, REVIEW and ENROLL
- What to expect after enrollment



#### Thank you for attending!

When the webinar closes, please take a minute to complete the survey. We'd like to know your level of understanding of several topics presented in today's webinar.



# QUESTIONS ANSWERS